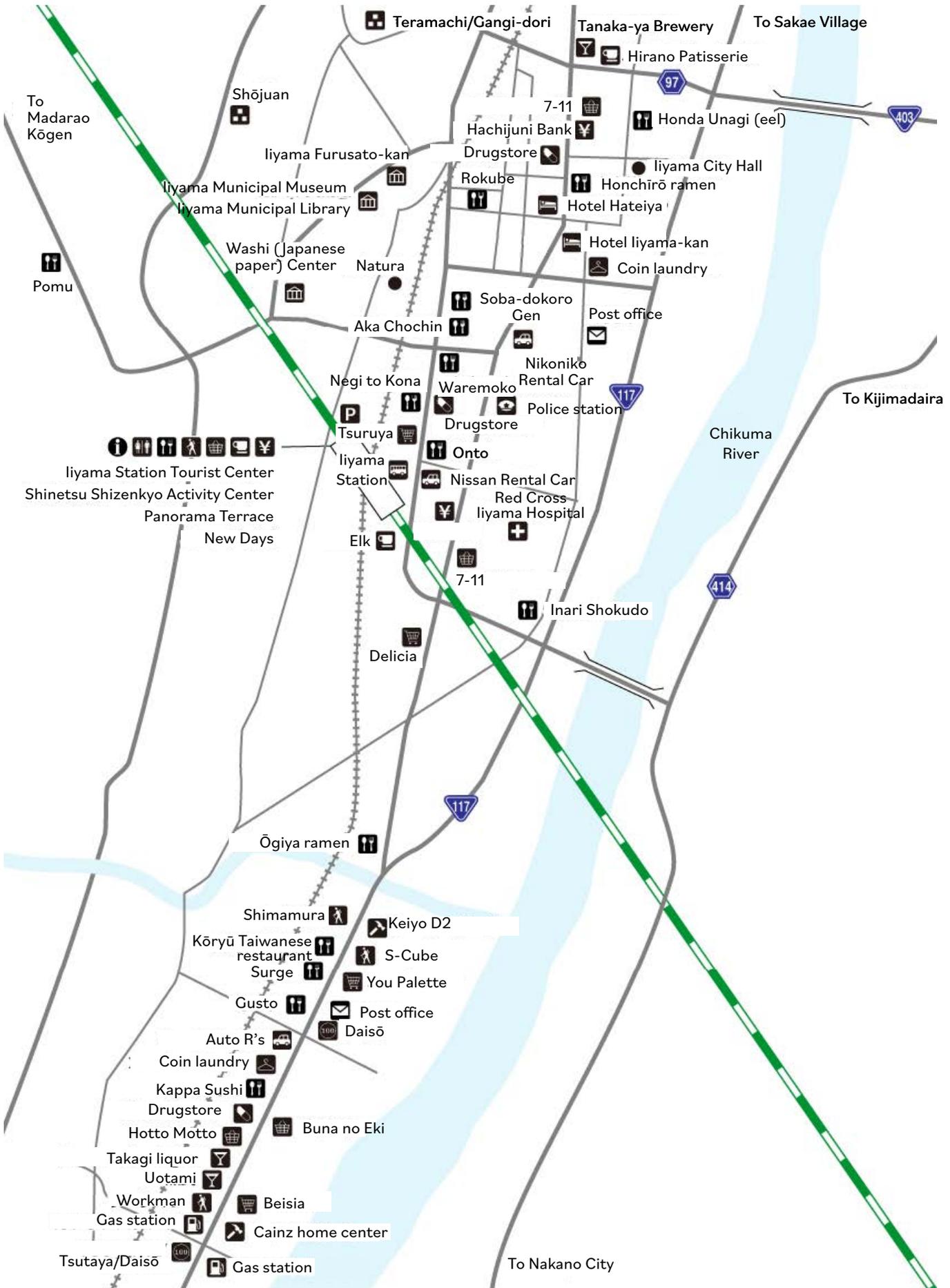


# Area Map

## Iiyama City



## Overview

Iiyama Station is a main starting point for transportation to the Shin-etsu Trail and the surrounding areas. In the area around the station are stores, restaurants, accommodations, most within walking distance, so you can easily get the supplies and information you'll need for your hike. Iiyama City is known as a castle town, but it also has a large number of temples scattered throughout the city. It can be a lot of fun to take a walk through the city and come in contact with history and culture.

## Trains

Hokuriku Shinkansen Line, Iiyama Station:

The Hakutaka trains stop at this station; the Kagayaki trains do not.

Iiyama Line, Iiyama Station:

Trains depart and arrive approximately once every hour.

## Buses

Iiyama Municipal Bus: 0269-69-3111

The Community Bus run by Iiyama City Hall, Madarao Line provides access to the Nabekura Kōgen Mori no Ie and the Madarao Kanko Hotel, both bases for accessing Section 1. More information at [https://www.city.iiyama.nagano.jp/soshiki/kikakuzaisei/kikakuchosei/public\\_traffic/bus-all.htm](https://www.city.iiyama.nagano.jp/soshiki/kikakuzaisei/kikakuchosei/public_traffic/bus-all.htm)

Nagaden Bus: 026-295-8008

Buses depart for Madarao Kōgen, Tangram, Shinanodaira, Togari Onsen and Nabekura Kōgen. More information at <https://www.nagadenbus.co.jp/>

## Taxis

About five taxis are normally waiting in front of Iiyama Station. If none are available, contact the Iiyama Station Tourist Information Center.

## Supplies/Supermarkets

Tsuruya: 0269-67-9011 / 9:30-20:00; Sundays 9:00-20:00; irregular holidays

Located in front of Iiyama Station, it provides a wide range of groceries, and has its own bakery providing fresh baked bread.

Delicia: 0269-81-3210 / 9:00-21:00

About five minutes on foot from Iiyama Station. Provides general grocery items; smaller than Tsuruya or Beisia.

Beisia: 0269-67-2111 / 9:00-20:00

Between 20 and 30 minutes by foot from Iiyama Station. Comprehensive store providing food, clothing and daily necessities. Cainz Home, a home center, is also located here, providing some outdoor products as well.

## Restaurants

There is a wide variety of restaurants in the city, featuring Japanese, Chinese and Italian food, as well as izakaya Japanese pubs. Note that many are closed on Wednesdays. For more information, or if there are any issues, please contact the Iiyama Station Tourist Center.

## Accommodations

Hotel Hoteiya: 0269-62-3128

A hotel dating back to the Edo period (1603 to 1867). Located in the Honmachi shopping district, about a 10-minute walk from Iiyama Station.

Onyado Iiyama-kan: 0269-62-2022

An inn founded in the Meiji era (1868 to 1912). Located about 10 minutes on foot from Iiyama Station, it's possible to reserve without an evening meal. The host is quite familiar the Shin-etsu Trail.

Noble Iiyama: 0269-62-0165

A business hotel about 15 minutes on foot from Iiyama Station, and three minutes on foot from Kita-Iiyama Station on the Iiyama Line. Choice of stay with or without meals.

<http://www.iiyama-station.jp/guide/>

## Visitor Centers / Tourist Information Centers

Shinetsu Shizenkyo Activity Center: 0269-62-7001 / Daily year-round 8:30-18:00

Shin-etsu Trail Visitor Center, located within Iiyama Station. Detailed Trail information is available here. The Center sells official Shin-etsu Trail guidebooks and maps; it also issues the Certificate of Achievement for those who have completed a through-hike. More information at <https://shinetsu-activity.jp/>

Shinetsu Shizenkyo Iiyama Station Information Center: 0269-62-7000 / Daily year-round 8:30-18:00

A center within the station, providing a wide range of tourist information. A variety of pamphlets and maps are available. Provides detailed information on the Iiyama City area, including on area stores, the Iiyama castle ruins,

temple tours, and more. English-language information available. More information at <http://www.iiyama-station.jp/guide/>

## Laundry

Laundream Izumi: 0269-62-2524 / Daily year-round 8:00-22:00 Near Beisia, to the south of Iiyama Station, and Iiyama City Hall.

## Bathing

Tenshōseki-yu: 0269-67-0366 / 10:00-21:30;

closed Mondays / Adults: ¥600 Set of bath and meal in adjacent restaurant also available.

Nozawa Onsen:

Accessible by bus, 25 minutes from Iiyama Station.

## Fuel

●Gas stations: Many available in the city

●Butane cartridges: Shinetsu Shizenkyo Activity Center: 0269-62-7001 / Daily year-round 8:30-18:00

●Alcohol fuel: Iiyama Station store: 0269-62-1241 / 8:30-22:00  
Iiyama Honmachi store: 0269-81-3062 / 8:30-22:00  
Iiyama Shizuma store: 0269-81-1372 / 8:30-22:00

## Hospital

Iiyama Red Cross Hospital: 0269-62-4195

Five-minute walk from Iiyama Station. More information at <http://www.iiyama.jrc.or.jp/>

## Wi-fi

Free WiFi is available within Iiyama Station.