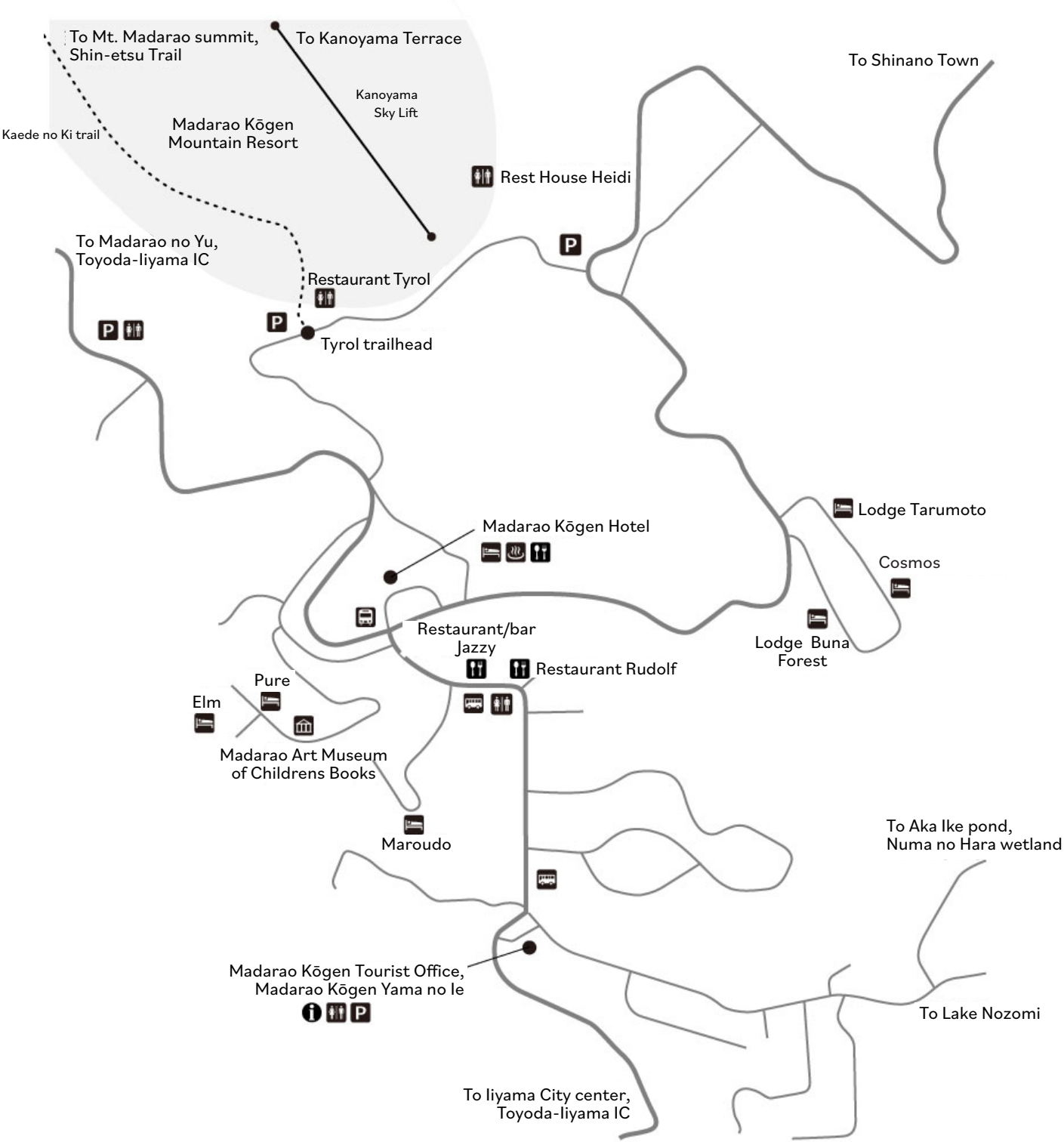


Area Map

Madarao Kōgen



Overview

Madarao Kōgen is a resort town and the setting for Madarao Kōgen Ski Area, a resort popular with Japanese and international skiers. The area has many accommodations, shops and restaurants; please note that many are not open during non-winter months. More information on Shin-etsu Trail Club affiliated accommodations can be found here. The latest information on Sections 1 and 2 of the Trail can be found at Madarao Kōgen Yama no Ie, the home of one of the Trail visitor centers and the Madarao Kōgen Tourist Office.

The approach to Mt. Madarao's summit, the starting point for Section 1, can be accessed by walking from the Madarao Kōgen Hotel to Restaurant Tyrol at the Madarao Kōgen Ski Area, then climb the Kaede no Ki Trail directly up the ski slope.

Trains

Not available.

Buses

Iiyama Station:

The Community Bus, Madarao Line, accessible from the rotary on the Chikuma River exit can be used for travel to Madarao Kōgen. More information at https://www.city.iiyama.nagano.jp/soshiki/kikakuzaisei/kikakuchosei/public_traffic/bus-all.htm

Taxis

Iiyama Kankō Hire: 0269-63-3232

Nagano Kōtsū: 0269-62-2013

NojiriŪko Taxi: 026Ū219Ū2829

Torigawa Kankō Taxi: 026-255-3155

Supplies (snacks, etc.)

Madarao Kōgen Hotel: 0269-64-3311 / Open year-round

Snacks can be purchased within the hotel. It also provides several restaurants, accommodations and non-stay bathing. WiFi is available. A landmark of Madarao Kōgen. More information at <http://www.madarao.jp/hotel/>

Restaurants

There is a wide variety of restaurants in the city, featuring Japanese, Chinese and Italian food, as well as izakaya Japanese pubs. Note that many are closed on Wednesdays. For more information, or if there are any issues, please contact the Iiyama Station Tourist Center.

Accommodations

Elm: 0269-64-3505

The women owner of this pension-style hotel is famous for her cooking using local ingredients. Its orange roof is a landmark. More information at <http://madaraoelm.com/>

Cosmos: 0269-64-3688

A popular pension serving a variety of meals. The owner also produces smoked items and fruit liquors. More information at <http://www.janis.or.jp/users/p.cosmos/>

Tyrolean House Tomoshibi: 0269-64-3817

A pension located about five minutes by car from the Madarao no Yu onsen. Very helpful in arranging for activities in Madarao Kōgen and the surrounding area. More information at <http://www.avis.ne.jp/~tomosibi/>

Pure: 0269-64-3464

A pension with a beautiful view from the terrace. The owners serve carefully-selected Koshihikari rice from Niigata, and serve it all-you-can-eat. More information at <http://www.janis.or.jp/users/p-pure/>

Maroudo: 0269-64-3768

A pension with a mountain cottage feel—but complete with WiFi. Meals include hand-cut Tomikura soba, a local specialty. More information at <https://www.madarao-maroudo.com/>

Lodge Tarumoto: 0269-64-3036

The lodge's owner is a registered Shin-etsu Trail guide, and very knowledgeable about the local environment and culture. His wife's homemade jam is a specialty. More information at <http://tarumoto.biz-web.jp/>

Lodge Buna Forest: 0269-64-3055

A small lodge with a beautifully landscaped garden. Serves carefully prepared "slow food," made using local ingredients. More information at <http://madarao.tv/accommodation/detail/forestfa.php>

Tourist Information Centers

Madarao Kōgen Yama no Ie: 0269-64-3222 / 9:00-17:00; closed Wednesdays

Location of the Madarao Kōgen Tourism Association. Includes a reading area and information counter. More information at <http://madarao.tv/learn/yamanoie.php>

Laundry

Not available.

Fuel

- Gas stations: None available locally.
- Butane cartridges: None available locally.
- Alcohol fuel: None available locally.

Hospital

None

Wi-fi

Available within the Madarao Kōgen Hotel: 0269-64-3311.